

# SOCIAL WORK PRACTICE IN EATING DISORDERS

**DID YOU KNOW?** Social workers play a key role in working with individuals with an eating disorder and their families/caregivers:

- Assessing clients to determine the appropriate level of service required for eating disorder treatment
- Providing therapeutic services in outpatient, day treatment and inpatient settings utilizing individual, group and family therapy
- Facilitating educational and therapeutic programs and interventions to assist in the prevention and intervention of eating disorders
- Working as a member of an interdisciplinary team with clients and their families in the delivery of therapeutic interventions addressing the psychological, social, emotional, financial, and nutritional needs of the client with a goal of improving physical and mental health needs
- Conducting research and promoting greater awareness of eating disorders through educating the public on the impact of the illness on individuals and their loved ones
- Completing biopsychosocial assessments, providing case coordination and connecting clients with appropriate services to meet their individualized needs
- Educating and supporting families and loved ones on eating disorders and educating families on the methods involved in facilitating meal support in their home environments
- Supporting clients in fostering/repairing their relationship with food

There are over 1600 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at [www.nlcsw.ca](http://www.nlcsw.ca) or by contacting:

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