

# SOCIAL WORK PRACTICE IN MENTAL HEALTH AND ADDICTIONS

**DID YOU KNOW?** Social workers are employed in the field of mental health and addictions:

- Providing individual and group counselling to address issues related to mental illness, trauma, addictions, eating disorders, self-esteem, anger and coping, and parenting
- Counselling couples and families to address relationship issues
- Advocating for services for individuals
- Linking individuals and families to resources in the community
- Providing case management services to people who have a mental illness and could benefit from support as they live independently in the community
- Educating individuals and families about mental illness and addictions
- Providing community crisis response services
- Providing disaster response services to communities
- Promoting positive mental health at the individual, community, provincial, national and international level

There are over 1600 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at [www.nlcsw.ca](http://www.nlcsw.ca) or by contacting:

Newfoundland & Labrador  
**College of Social Workers**

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