

SOCIAL WORK PRACTICE IN REHABILITATION

DID YOU KNOW? Social workers are employed in Rehabilitation, which is a specialty in restoring the health and wellness of people through training and therapy after an accident or illness. Social workers help individuals and families by:

- Completing comprehensive psychosocial assessments to identify care planning needs of individuals requiring rehabilitation
- Collaborating with the interdisciplinary care team to provide holistic, patient-centered care
- Supporting individuals and their families who are coping with the emotional, social, and financial impacts of the medical condition
- Providing adjustment counselling and information sharing to enhance the individual and family's understanding and navigation of the illness/injury, the emotional and social impact on functional changes, life transitions, change in life roles (social/familial/employment), healthy coping strategies, caregiver strain, self-care, self-management skills, and the recovery process
- Offering support and education regarding advanced health care and future planning needs
- Providing crisis intervention, advocacy, therapeutic intervention and mediation, systems navigation, resource counselling, and discharge planning coordination
- Offering education on programs and services
- Engaging in teaching and mentoring opportunities with students and colleagues

There are over 1600 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at www.nlcsw.ca or by contacting:

Newfoundland & Labrador
College of Social Workers

Phone: (709) 753-0200 Email: info@nlcsw.ca Twitter: [@NLCSWca](https://twitter.com/NLCSWca)

